

Program Description

*Do you prescribe opioid medications?
If so, this program is for you.*

Each year, millions of patients are treated for a variety of serious medical conditions with prescription drugs whose therapeutic benefits are accompanied by psychoactive effects. Recent indicators reveal that the misuse and abuse of prescription drugs are rising and we are faced with the challenge of minimizing the potential for misuse without impeding patients' access to needed medical care. This symposium will provide specific knowledge and skills associated with safe prescribing and will cover areas of epidemiology, legal and regulatory issues, as well as clinical strategies for managing difficult patient situations.

Educational Objectives

After attending this conference, participants should be able to

- ✓ **Select** patients who are appropriate candidates for management of chronic pain with opioid analgesics.
- ✓ **Define** risk factors for potential misuse or abuse of Prescription opioids and outline a time-efficient method of screening for risk factors.
- ✓ **Access** Utah's Controlled Substance Database and employ the information in clinical practice.
- ✓ **Educate** patients about the risks and benefits of opioid therapy, including methadone's unique pharmacologic properties, such as its long duration of action and absence of euphoric effect.
- ✓ **Follow** a careful, evidence-based protocol for starting patients on opioid analgesic therapy, whether from a drug-naïve state or in transition from another short- or long-acting opioid analgesic.
- ✓ **Monitor** patients for effectiveness of the medications and to minimize the potential for diversion, abuse, or addiction.
- ✓ **Recognize** aberrant drug use behaviors and intervene appropriately.
- ✓ **Evaluate** protocols/practices, including the Utah Clinical Guidelines on Prescribing Opioids, to help improve patient outcomes.
- ✓ **Cite** current resources on prescribing opioid analgesics.

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310 East 4500 South, Suite 500
Salt Lake City, Utah 84107-4250
801-747-3500

PRESCRIBING OPIOIDS FOR CHRONIC PAIN: From Initial Patient Assessment to Long-Term Management

THURSDAY, AUGUST 26, 2010

8:30 a.m. - 4:30 p.m.

Salt Lake City Marriott City Center



Jointly Sponsored by

**The Utah Medical Association and
The University of Utah School of Medicine**

With support from the

**Center for Substance Abuse Treatment, SAMHSA
U.S. Department of Health and Human Service**

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Continuing Medical Education Credits

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The University of Utah School of Medicine and the Utah Medical Association. The University of Utah School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Utah School of Medicine designates this educational activity for a maximum of *6.25 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Faculty

- **JAMES W. FINCH, M.D., FACP**
Medical Director, Changes by Choice, Durham, North Carolina;
Director of Physician Education, North Carolina Governor's
Institute on Alcoholism and Substance Abuse
- **BRADFORD HARE, M.D., PH.D.**
Senior Consultant, University of Utah Pain Management Center
- **TOM HARPER**
Public Affairs Manager, Utah Department of Commerce —
Department of Occupational and Professional Licensing
- **THEODORE V. (TED) PARRAN, JR., M.D., FACP**
Case Western Reserve University School of Medicine and
Charity Hospital, Cleveland, Ohio
- **ROBERT ROLFS, M.D., M.P.H.**
Bureau of Epidemiology, Utah Department of Health

Hotel

Salt Lake City Marriott City Center
220 South State Street, Salt Lake City, UT 84111
Phone 866-961-8700 or toll-free 866-961-8700

The Salt Lake City Marriott City Center hotel is holding rooms at the conference rate of \$106 plus tax until August 11. To reserve a room at the conference rate, contact the hotel and identify yourself as a registrant for the UMA prescribing course. The conference rate may be extended for up to three nights after the conference date. After August 11, rooms may not be available at the conference rate.

PRESCRIBING OPIOIDS FOR CHRONIC PAIN

THURSDAY, August 26, 2010
8:30 a.m. to 4:30 p.m.

*(Registration, with continental breakfast,
opens at 7:30 a.m.)*

Use and Misuse of Opioids in Utah

Patient Selection and Risk Assessment

Utah's Controlled Substances Database: Utah's Prescription Monitoring Program and How to Use It

Case Discussion, Part 1

Formulating a Treatment Plan and Deciding Whether to Prescribe an Opioid Analgesic

Selecting an Opioid: Pharmacologic Principles

What's Special About Methadone?

Initiating Treatment and Helping the Patient Understand What to Expect

Case Discussion, Part 2

Monitoring Patient Progress; Yellow Flags; Red Flags

Identifying and Intervening for Aberrant Medication Use Behaviors

Why, When and How to Stop Prescribing Opioids and Manage the Patient with a Different Approach

Case Discussion, Part 3

Understanding Utah's Regulatory Environment

Summary and Planning for Change

Who Should Attend

This program is designed for physicians, nurse practitioners, physicians assistants, and all clinicians who care for patients with chronic pain.

Questions?

Contact Jackie Lehman at Jackie@Utahmed.org
or 801-747-3500 ext. 231.

REGISTRATION

Prescribing Opioids for Chronic Pain

Please type or print

Name _____
(degree or license)

Address _____

City, State, Zip _____

Daytime Phone _____

Email _____

Confirmation will be sent to this e-mail address

Registration Fee

- \$99 for registrations postmarked by July 31
 \$125 for registrations postmarked on August 1 or later

*Fee includes continental breakfast, lunch, and all
course materials.*

Check enclosed for \$ _____

Make check payable to: Utah Medical Association

Credit Card:

AMEX VISA Mastercard Discover

Account # _____

Expiration Date _____

Print Cardholder's Name and Zip Code _____

Cardholder's Signature _____

MAIL payment with registration form to:

Utah Medical Association
310 East 4500 South, Ste. 500
Salt Lake City, UT 84107-4250

Or FAX to: 801-747-3501

